KHS LUNCH MENU SUMMER TERM WEEK 4
Served on weeks commencing 19/05 and 23/06

	Monday	Tuesday	Wednesday	Thursday	Friday
OPTION 1	Thai chicken massaman	Italian beef pasta bake	Pasta with tomato & basil sauce	Pork sausages, onion gravy & Yorkshire pudding	Fish goujons & tartare sauce
Allergens	SD,C	SD,C,G,M,GFA,DFA	SD,C,G,M,GFA,DFA,VEA	SD,G,M,E,GFA,DFA	F,G,SD,E,GFA
OPTION 2	Pasta arrabiata	Mexicana rancheros-style eggs with flat bread	Baked Tuscan chicken	Spaghetti with roasted tomato & oregano sauce	Chicken goujons with garlic mayo
Allergens	SD,C,G,M,GFA,DFA,VEA	SD,C,E,M,G,GFA,DFA,VEA	SD,C,M,DFA	SD,C,G,M,GFA,DFA,VEA	SD,E
OPTION 3	Vegetable massaman curry	Broccoli & spinach pasta bake	Goat's cheese & onion tart	Mediterranean & feta cheese filo pie	Oaxacan-style baked sweet potato
Allergens	SD,C,S	SD,M,MT,G	G,M,E,GFA	SD,C,G,M,DFA,VEA	SD,C,M,DFA,VEA
ACCOMPANIMENTS	Coriander rice, vegetables	Garlic bread, mixed vegetables	Mashed potato, summer vegetables	Roast potatoes, green beans	Chips, baked beans
Allergens	SD,C	SD,G,GFA	SD,M,DFA	SD	FREE
DESSERT	Apple & blackberry crumble with custard	Mixed berries & Biscoff cheesecake	Chocolate & raspberry brownie	Iced Strawberry & vanilla cake	Selection of cakes
Allergens	G,M,GFA,DFA,VEA	G,M,S,GFA,DFA,VEA	G,M,E,S,GFA,DFA,VEA	G,M,E,GFA,DFA,VEA	G,M,E,S,SD,DFA,GFA,VEA

Most days we also offer a baguette selection, jacket potato, salad bar, fresh fruit, yoghurt and vegetarian jelly.
Despite all reasonable care, we cannot guarantee that ingredients and pre-prepared food have been produced in a completely nut and/or allergen free environment. Should you have any questions concerning the above, please speak to our team about the ingredients in your meal.

Allergens: C = Celery, G = Cereals with gluten, CR = Crustaceans, E = Eggs, F = Fish, L = Lupin, M = Milk, Mo = Molluscs, MT = Mustard, N = All Nuts, P = Peanuts, SS = Sesame Seeds, S = Soya, SD = Sulphur Dioxide, GF = Gluten Free, DF = Dairy Free, GFA = Gluten Free Available, DFA = Dairy Free Available, VEA = Vegan Option Available